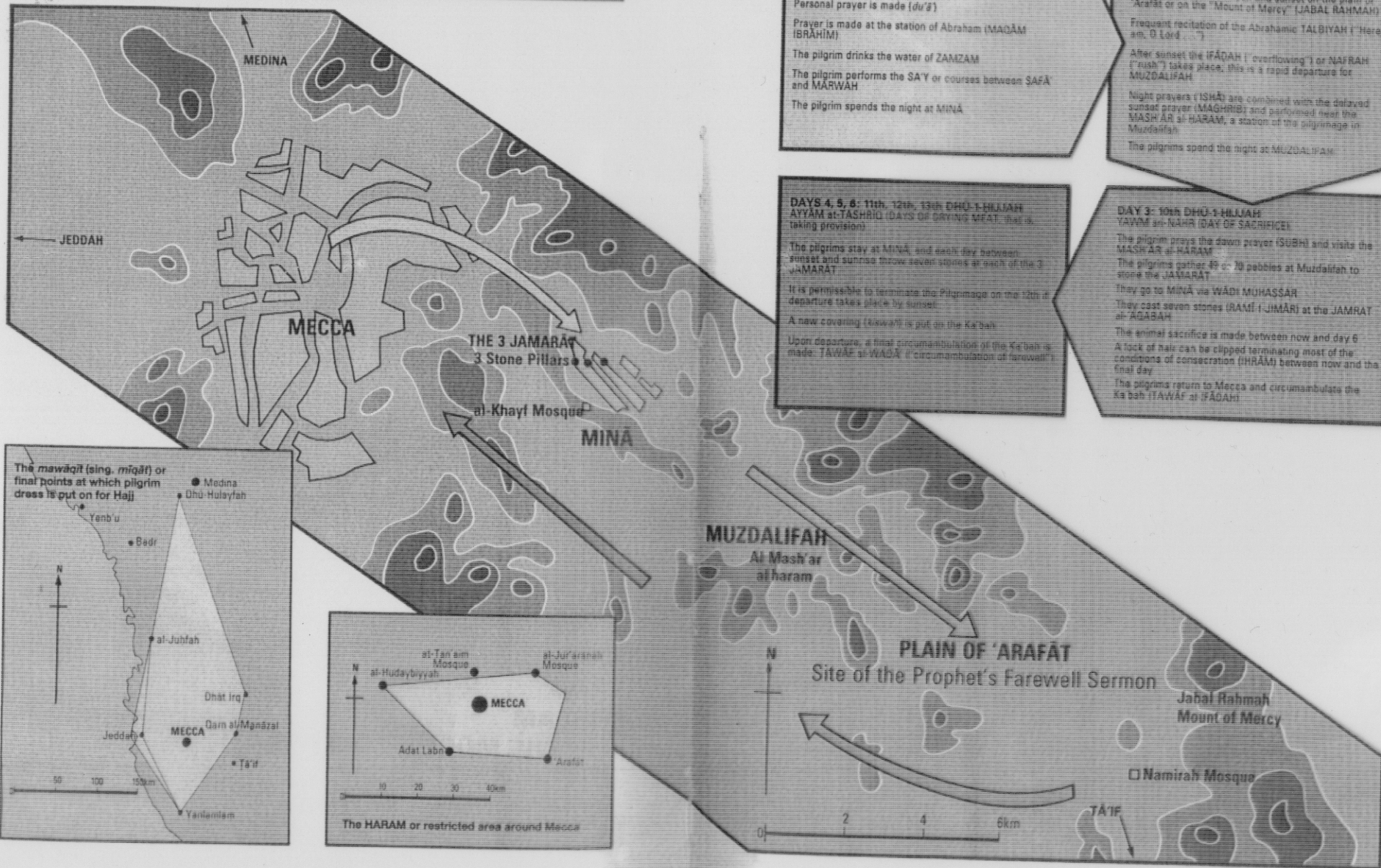


# THE HAJJ the pilgrimage to Mecca

Before arrival in Mecca the pilgrim puts on *ihram* (consecration and pilgrim clothing) at one of the *mawāqit* (see box below), or before, even at the point of departure, and the appropriate intentions (*an-niyyāt*) are formulated.

**Note:** a day runs from sunset to sunset



**DAY 1: 8th DHU-1-HIJJAH**  
YAWM at-TARWIYAH (DAY OF DELIBERATION)

**TAWAF al-QUDŪM:** The initial circumambulation of the Ka'bah is performed

Personal prayer is made (*du'a*)

Prayer is made at the station of Abraham (MACĀM IBRAHĪM)

The pilgrim drinks the water of ZAMZAM

The pilgrim performs the SA'Y or courses between SAFĀ and MARWAH

The pilgrim spends the night at MINĀ

**DAY 2: 9th DHU-1-HIJJAH**  
YAWM 'ARAFĀT (DAY OF 'ARAFĀT)

WUQUF is prostration, like the multitudes on the Day of Judgement, between noon and sunset on the plain of 'Arafāt or on the "Mount of Mercy" (JABAL RAHMAH)

Frequent recitation of the Abrahamic TALBIYAH ("Here I am, O Lord...")

After sunset the IFĀDAH ("overflowing") or NAFAH ("rush") takes place, this is a rapid departure for MUZDALIFAH

Night prayers (ISHĀ) are combined with the delayed sunset prayer (MAGHRIB) and performed near the MASH'AR al-HARAM, a station of the pilgrimage in Muzdalifah

The pilgrims spend the night at MUZDALIFAH

**DAYS 4, 5, 6: 11th, 12th, 13th DHU-1-HIJJAH**  
AYYAM at-TASHRIQ (DAYS OF SAYING MEAT, that is, taking provision)

The pilgrims stay at MINĀ, and each day between sunset and sunrise throw seven stones at each of the 3 JAMRĀT

It is permissible to terminate the Pilgrimage on the 12th if departure takes place by sunset

A new covering (*kiswah*) is put on the Ka'bah

Upon departure, a final circumambulation of the Ka'bah is made: TAWAF al-WADA' ("circumambulation of farewell")

**DAY 3: 10th DHU-1-HIJJAH**  
YAWM at-NĀHR (DAY OF SACRIFICES)

The pilgrim prays the dawn prayer (SUḤŪ) and visits the MASH'AR al-HARAM

The pilgrims gather 49 or 70 pebbles at Muzdalifah to stone the JAMRĀT

They go to MINĀ via WĀDĪ MUHASSAR

They cast seven stones (RAMĪ-1-JAMRĀT) at the JAMRĀT al-'AQĀBĀH

The animal sacrifice is made between now and day 6

A lock of hair can be clipped terminating most of the conditions of consecration (IHRĀM) between now and the final day

The pilgrims return to Mecca and circumambulate the Ka'bah (TAWAF al-IFĀDAH)

